

P. Parava M.D.

S. Vemulapalli M.D.

## EGD

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

- **Your driver must check in with you but cannot stay inside; NO visitors are allowed in Facility they must wait in car...Please....**
- **Stop All weight loss medication(Phentermine) pills or injections, DM injection meds 1 week prior to you appointment**
- **If you take Blood Thinner, SEE PAGE 2 and follow your Doctor's Instructions**

### MORNING OF THE PROCEDURE:

**Nothing by mouth after midnight (no food, drink, gum or candy)**

Do **NOT** take your regular medication the morning of the test.

EXCEPT: If you take Blood pressure medication, Heart medication, seizure medication and asthma medication in the morning; take them 2 hours prior to procedure, with a small sip of water. Or you can wait till after the procedure to take them.

Do **NOT** take diabetic medication or Insulin. If you take evening insulin, take only half of the amount. Check your sugar the morning of the procedure.

### IMPORTANT:

- Bring all current medications or a list of meds with you on the day of your procedure
- Someone needs to drive you home. You will receive medication and will not be allowed to drive home. Estimated wait time could be 2-3 hours.
- Estimated fees are given at the time of scheduling and are due the day of the procedure unless prior payments arrangements have been made. Also someone will call you 3-4 days to remind you of your facility and Dr fee
- A nurse will call you 5 days before the procedure to confirm appointment and ask medical questions.
- If you are a dialysis patient your must go to dialysis the day before procedure if not procedure will be cancelled
- If you are a Dialysis patient you must go to dialysis day before procedure if not procedure will be cancelled if you have questions call facility and speak w/ a nurse.

**Odessa Endoscopy Center**  
315 E 5<sup>th</sup> Street, Odessa TX 79761  
Phone: 432-335-8300 Fax: 432-335-8330

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**\*\*A Possible cancellation fee may apply if appointment is not canceled within 72 hours of scheduled appointment\*\***

Here are a list of the common Blood Thinners and typical length of time you need to stop before you procedure:

- Coumadin (Warfarin)- stop for 5 days
- Plavix (Clopidogrel)- stop for 7 Days
- Effient (Prasugrel)- stop for 7 days
- Pradaxa (Dabigatran)- stop for 2-3 days; if you have kidney disease talk with your Doctor as you may need to stop a longer period
- Xarelto (Rivaroxaban)- stop for 2 days
- Eliquis (Apixaban)- stop for 2 days
- Brilinta (Ticagrelor)- stop for 2 days
- Lovenox (Enoxaparin)- hold the am injection on the day of the exam