

**Odessa Endoscopy Center**  
315 E 5<sup>th</sup> Street, Odessa TX 79761  
Phone: 432-335-8300 Fax: 432-335-8330

P. Parava M.D.

S. Vemulapalli M.D.

**GO-LYTELY PREP (Split Prep)**

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

- **Your driver must check in with you but cannot stay; no visitors allowed inside they must wait in the car.**

7 DAYS before the procedure - **Stop** any iron supplements or weight loss medications. OZEMPIC, PHENTRAMINE, MUNJARO.

**If you take BLOOD THINNERS, SEE PAGE 2 and follow your Doctor's Instructions**

Take 3 dulcolax (laxative) tablets at bedtime on date: \_\_\_\_\_ (these are over the counter no prescription needed)

**PREP INSTRUCTIONS (day before procedure) Date:**

- Have a Clear Liquid Diet the day before the test. **No Food! (prescription given)**  
Drink plenty of clear liquids on the day before your procedure.
- **At 7PM you will start drinking half of the preparation, ensure that you keep drinking clear fluids after finishing half of the liquid preparation.**

**Morning of the Procedure:**

- **At 2AM-3AM morning of the procedure you will drink the second half of the preparation, ensure that you finish the liquid by 3am. And make sure you DO NOT DRINK ANYTHING AFTER FINISHING THE PREP SINCE YOU WILL GET SEDATION.**

**Helpful Tip Go-Lytely can be refrigerated, use within 6 hours after it has been mixed with water.**

**CLEAR LIQUID DIET: Things allowed and recommended**

Sweet and Desserts:	Jell-O (yellow or lime green) Gelatin, Popsicles, Clear hard candy
Beverages:	Tea, Coffee w/ no creamer (2 cups in morning), apple juice Soft drinks- Sprite, Ice Tea, Ginger Ale, 7up(CLEAR)
Soup:	Chicken Bouillon cubes in hot water or Fat free chicken broth

**NO COLOR DYES EXCEPT YELLOW or LIME GREEN & NO MILK PRODUCTS!!**  
**NO FOOD ALL DAY!!!!!!!**

**MORNING OF THE PROCEDURE:**

**Nothing by mouth after finishing you prep except bp, heart or seizures meds (no food, drink, gum, smoking or candy)**

Do **NOT** take your regular medication the morning of the test.

EXCEPT: If you take Blood pressure medication, Heart medication, seizure medication and asthma medication in the morning; take them 2 hours prior to procedure, with a small sip of water. Or you can wait till after the procedure to take them.

Do **NOT** take diabetic medication or Insulin. If you take evening insulin, take only half of the amount. Check your sugar the morning of the procedure.

- If you are a Dialysis patient you must go to dialysis day before procedure if not procedure will be cancelled if you have questions call facility and speak w/ a nurse.

**IMPORTANT:**

- Even though you appear to be clean, please continue to take all the PREP.
- Bring all current medications or list of meds with you on the day of your procedure
- **Someone needs to drive you home.** You will receive medication and will not be allowed to drive home. Estimated wait time could be 2-3 hours.

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- Estimated fees are given at the time of scheduling and are due the day of the procedure unless prior payments arrangements have been made. Also someone will call you 3-4 days to remind you of your facility and Dr fees
- A nurse will call you 5 days before the procedure to confirm appointment and ask medical questions.

**\*\*A Possible cancellation fee may apply if appointment is not canceled within 72 hours of scheduled appointment\*\***

**Blood Thinners**

Here are a list of the common Blood Thinners and typical length of time we need them stopped for our procedure:

- Coumadin (Warfarin)- stop for 5 days
- Plavix (Clopidogrel)- stop for 7 Days
- Effient (Prasugrel)- stop for 7 days
- Pradaxa (Dabigatran)- stop for 2-3 days; if you have kidney disease talk with your Doctor as you may need to stop a longer period
- Xarelto (Rivaroxaban)- stop for 2 days
- Eliquis (Apixaban)- stop for 2 days
- Brilinta (Ticagrelor)- stop for 2 days
- Lovenox (Enoxaparin)- hold the am injection on the day of the exam

**There is no need to stop Daily Aspirin**

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